



# Social Services News

## January 2012

LP Wilson Community Center  
599 Matianuck Avenue  
860-285-1839

[www.townofwindsorct.com/socialservices](http://www.townofwindsorct.com/socialservices)

## Support Groups

### **Caregivers Support Group:**

Wednesday, January 18th at 10:00 AM to 11:30 AM at the L.P. Wilson Community Center in the Senior Center Lounge. Light refreshments will be served. For information or to RSVP by 1/16, please call Social Services at 860-285-1839.

### **Diabetic Support Group:**

Tuesday, January 17th at 1:00 PM at the L.P. Wilson Community Center in the All Purpose One room. This group is open to all individuals with diabetes and their families. For more information or to RSVP by 1/16, please call Social Services at 860-285-1839.

### **Underemployed and Unemployed Support Group:**

Wednesday, January 18th at 11:30 AM at the L.P. Wilson Community Center in the All Purpose One room. For more information or to RSVP by 1/16, please call Social Services at 860-285-1839.

**SHARE Group:** Thursday, January 19th at Shad Run and Thursday, January 26th at Millbrook Village at 10:30 AM. All Windsor housing residents are invited. For more information, please call Social Services at 860-285-1839.

### **Helping to Hear Better**

**Group:** Tuesday, January 24th at 10:00 AM at the L.P. Wilson Community Center in the All Purpose One room. For more information or to RSVP by 1/20, please call Social Services at 860-285-1839

**Windsor C.A.R.E.S.:** January 10th at 1:00 PM at the L.P. Wilson Community Center in the All Purpose One room. This is a group of adults who are committed to volunteerism. The group takes on community service projects for people of all ages. For more information, call Social Services at 860-285-1839.

For more information or to be added to the mailing list for any of the above groups, please call Social Services at 860-285-1839

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## MOBILE FOODSHARE SCHEDULE CHANGE

Starting in January, the time for the Mobile Foodshare distribution program will change to 9:45 AM to 10:15 AM. The Mobile Foodshare program comes every other Friday to the L.P. Wilson Community Center to provide fresh fruits and vegetables to individuals and families in need. The dates for January will be the 13th and 27th from 9:45 AM to 10:15 AM. The truck will be located on the left side of the building outside of the Windsor Food Bank. Please bring your own bags as they will not be provided.

## CAREGIVER SUPPORT GROUP IS MOVING!

Starting in January, the Caregiver Support Group will be changing its meeting time and place. The group will now be meeting on the third Wednesday of each month in the Senior Center Lounge from 10:00 AM to 11:30 AM. This group is hosted by Peg Dagsher, a Caseworker in the Windsor Social Services Dept. There are guest speakers each month discussing various topics of interest to caregivers. Being a caregiver can be very emotionally and physically challenging. Join us each month for information and support as you go through this difficult experience. Our next meeting will be held on January 18th at 10:00. For information, call Peg Dagsher at Windsor Social Services at 860-285-1839.



## Food Bank Hours

Monday & Tuesday  
9:00 AM - 11:15 AM  
Wednesday & Thursday  
1:00 PM - 3:15 PM

## DINNER ON A DIME RESCHEDULED!!



Dinner On A Dime, originally scheduled for November 3rd which had to be cancelled due to Storm Alfred's aftermath, has been rescheduled. This event will now take place on Tuesday, January 17, 2012 at the L.P. Wilson Community Center at 5:30 pm in the Senior Center.

If you already have tickets for this event, they will be honored on the new date. If you have tickets but cannot attend on the new date, please contact Deb in Social Services at 860-285-1839 so that your tickets can be given to people on our waiting list.

This event is a FREE evening of learning while enjoying dinner with your family. Topics of interest will be nutrition awareness, literacy development, health and well-being practices. There will be food demonstrations, health screenings and we will have dietitians available to discuss any dietary concerns. For more information, please contact Deb in Social Services at 860-285-1839.



## ENERGY ASSISTANCE

Citizens Energy is now accepting applications. You cannot apply online. You must call them to receive an application. Please call 1-877-JOE-4-Oil (1-877-563-4645). Call center hours are Monday-Friday 9:00 AM to 5:00 PM.

Operation Fuel is also accepting applications for energy assistance. Please contact Kerry Allard at Windsor Social Services at 860-285-1839 for more information regarding the winter energy assistance program.